

Hoofbeats



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Prez Sez

"The result of information overload is usually distraction, and it dilutes your focus and takes you off your game." - **Zig Ziglar**

It seems every day we are bombarded with so much information. A new training technique, a new bit, saddle or gadget that guarantees that your horse will go better. They all promise the world, with online courses, DVDs and training videos through monthly or annual subscriptions. Once you've signed up, there are endless emails offering your more products and gadgets to "help" with the training techniques. Some are online for free and others cost several thousand dollars.

So how do you choose what's good and what's just fluffy marketing? There is definitely some great information out there; I've done an online course with a reputable trainer and found it really useful. There were live webinars, videos to clarify each training step, Q&A access to the trainer, and the support of other participants all over the world. But do your research, does the trainer or that piece of equipment align with your own personal philosophy of dealing with horses? How long has the trainer been doing what they are doing and are they still evolving and expanding their knowledge? Is it getting to the base of what you need fixed with your horse or is it just another band-aid to shut down an undesirable behaviour. Be discerning about the amount of information out there and don't lose focus of your own goals.

We have some great events coming up to finish the season - with our Have-a-Go Dressage Day, and a Gymnastics Poles Clinic with Sue Pennington (these were so popular, spots were filled within 24 hours!)

To end on a social note, our AGM and prize-giving is set for the 15th of July. This is always a really fun night with a door prize and the famous raffle! Partners and friends are welcome. If you want to get more involved with the Club next season, then have a chat to one of our current Committee members to find out more about us, and how you could help. Or email me on info@wrc.org.nz.

We hope you enjoy this issue of Hoofbeats. We have a feature article on Ashley Dempster, one of our members who is also a local vet; plus a fun article on the equestrian sport of 'skijording', and an informative veterinary article on headshaking.

Keep Calm and Ride On
Tania



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UPCOMING EVENTS

HAVE-A-GO DRESSAGE DAY: Saturday 17th June, Woodhill Sands

SUE PENNINGTON CLINIC: Saturday 24th & Sunday 25th June, Sandstone Estate Equestrian

AGM & PRIZE-GIVING: 15th July, Soljans Estate, Kumeu

See our [Events](#) page for more info on all events, and entry details. Further updates posted on Facebook.

“WHO’S YOUR WRC HERO?”

Waitemata Riding Club is known for providing riders with a friendly, supportive atmosphere - in fact we even award prizes for it! If you have a Club hero who you think deserves one of these prizes, **please nominate them** by emailing info@wrc.org.nz before the end of June.

The **Presidents Cup** is awarded to that person who’s known for providing a helping hand, happily volunteering at events and supporting our riders.

The **Tamara Sportsmanship Award** is for the person who shows great camaraderie at our competitions.

The **Bannerman Memorial Trophy** goes to the horse with a similar ‘can-do’ attitude! They don’t necessarily have to be a superstar ribbon-winner; but they’re a great all-rounder who happily turns their hoof to anything.

LATEST RESULTS

Visit the wrc.org.nz “Results” page to check out results for:

> the **Inhand & Jumping Day** on March 25th

> the **Showjumping Day** on April 23.

Results from **Dressage Day 3** on March 4 are available from the Equestrian Entries website.



“All in a day’s work”: meet local rider & veterinarian, Ashley Dempster

Veterinarian Ashley Dempster has been a member of WRC for almost two years. To relax after a busy day of vetting at Dr Bob’s in Waimauku, she likes to unwind by riding her beautiful pinto mare, Polly. We caught up with Ashley for a chat.

Q. What was your introduction to horses?

“My parents put me on a pony once when I was two and that was the end of it; I had the bug. Unfortunately for me - with a Mum terrified of horses and a petrol-head Dad - I failed to convince them that having a pony was a good idea. But we met in the middle and I got regular lessons, did pony club camps and pony club on a lease horse at Sonshine Ranch. I loved every minute I spent there and still enjoy visiting even now. I grew up in the middle of Auckland suburbia, but am a country girl at heart, and it was a great chance to indulge in everything horsey.”



Q. Tell us about becoming a vet, and joining Dr Bob’s.

“Becoming a vet was a childhood aspiration, as it is for a lot of kids. I never really thought about what it involved until it was time to apply for Uni. After my 10 days of practical work at a vet clinic, I knew it was for me. I have always enjoyed problem-solving, learning new things, and animals; and being a vet satisfies all three.

“Dr Bob’s was the first job I applied for after finishing Uni. After meeting the team, I knew this was the place and these people were for me. I have an awesome team to work with and amazing clients that really care for their fur babies.”

Q. What is your typical working day?

“Being a vet is one of those jobs where each day starts with a vague plan, but really anything can happen. A typical day last week involved the regulars (vaccinations, suture removals, health checks), as well as the more interesting cases. This included removing a leg cast off a sheep with the Renovator, using almost 100 surgical staples to put a chicken back together, giving a chubby bunny a ‘bunny Brazilian’, and vaccinating a very large and slightly stropky 2-year-old filly. Or suturing dog fight wounds, and spaying a cat, while trying to decide what to do about the sad Schnauzer that has been vomiting. It is certainly never boring! It’s a truly unique job with every day presenting new challenges. Lucky for me, I have an amazing team to work with.

Contd overleaf

Q. Do you work with both small and large animals?

“Something I noticed as a student, when working with pure equine vets, is that none of them had time for their own horses. This caused me to decide that I prefer having horses outside of work rather than having them as my work focus. So the vast majority of my workday is treating cats and dogs (as well as bunnies, chooks and the odd mouse!)

“I love working with horses, but have managed to have a balance that still allows me to enjoy them as a hobby and way to relax. I am as horse crazy as they come, though, so any opportunity to be with horse people and talk horses is a good workday!”

Q. What’s your approach when working with horses?

“They are a challenging species to work with, mostly because of their size and also how much they mean to their owners, both emotionally and financially.

“My approach is 90% patience and 10% cunning! I’m only 5’3” so they will always have the upper hand when it comes to strength; there is no point turning anything into a battle. Most horses are very co-operative really, but you do get the occasional one that doesn’t want to play the game. Sedation solves most of these cases, but you still have to be able to get it into them. I don’t like needles much, so I can empathise when my patients aren’t that keen either. So far, patience has always paid off. And if it isn’t working one way, try another.”

Q. Do you have any work stories you’d like to share?

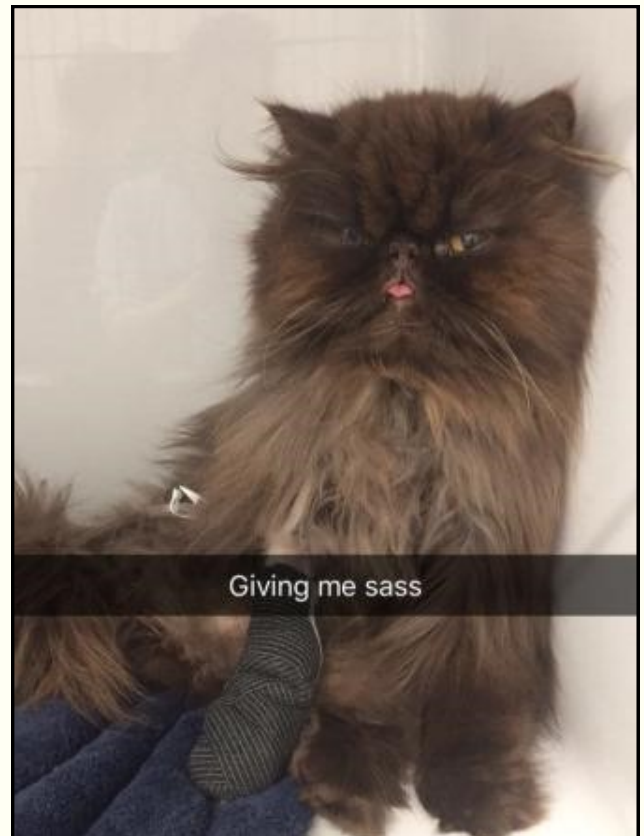
“I have so many work stories that I’ve started to write them down. Unfortunately most can’t be shared - but here are some of the safer, less offensive moments.

“It’s not often us vets accidentally stab ourselves with a needle but when I do, its always a massive needle and a white animal! So there I am bleeding all over the white cow while trying to pretend I’m fine and this is

completely normal. When I was a student, I accidentally sprayed kennel cough vaccine in my eye. A week later I got a cold; I was convinced I had kennel cough. ..

“Our previous clinic cat was also a great source of work stories. It was a common occurrence to have to peel him off whatever dog got too close!

“This cat (pictured) was handed into the clinic after someone saw her get hit by a car. We had to amputate her leg due to nerve damage. We desperately tried to find her owner, but after no luck, we took over responsibility for her. We named her Shocolatine and she became the resident cattery cat. A few weeks ago, she got lucky and found the perfect home.”



Contd overleaf

“My approach to working with horses is 90% patience and 10% cunning!”

Q. Tell us about your current horse.

"In my completely unbiased opinion, I have the best horse in the world. Polly is a 13-year-old 15.1hh pinto stationbred that I bought off my aunty. She has been there and done that, and is as safe as you can get without being boring. She's a tough-as-old-boots, good doer with just enough sass. She is teaching me the ropes - she doesn't give anything for free, but is very kind and looks after me if I get it wrong. Her only downfall is she is very mareish! Squealing, face-pulling and kicking out are her mainstays with other horses. Fortunately she's fine when ridden and great with people."

Q. What sort of riding and/or competing do you enjoy?

"Honestly, I enjoy all aspects of riding. It really depends on my mood and varies day-to-day. Sometimes a quiet hack down the road is perfect, and the next I may be itching to have a gallop down the beach or some jump schooling."

"I still manage to ride 5 days a week, but I'm pretty flexible in my plan for each ride. If I get into the arena and she feels a bit flat, I will go for a hack instead. If I go for a hack and she's high on life, I will do some schooling as well. It goes for me too; after some works days I just need a relaxing wander down the road!"



"This strategy has made it so much easier to ride regularly, as I don't always have to gear myself up for an intensive hour of riding after work."

"It also helps that I have an obliging horse, who is perfectly fine with me scrambling onto her bareback to meander down the road. Or more recently, wade through the floodwaters!"

"Competing-wise, I am pretty open to give anything a go, but Polly definitely prefers jumping and loves cross-country."

Q. What do you enjoy about WRC?.

"I joined almost two years ago, and love WRC events. It's so nice to be able to go out to an event to just give it a go with people that are doing the same thing."

"We are all there because we love our horses; want to have a bit of fun, while learning and gaining confidence. I probably wouldn't be out competing as much as I am if I hadn't joined WRC."

“WHO’S UP FOR BIT OF SKIJORING?”

Looking for a fun new way to spend time with your horse this winter? How about the sport of 'skijoring', which offers the thrill of skiing behind your horse!

Okay, so we *might* have a bit of trouble finding a snow-covered paddock in Auckland. But skjoring races are serious business in parts of Europe and America - where a growing number of riders (or are they really skiers?) are catching the bug.



Skijoring originally started in Scandinavia as a mode of winter transport. Today it's a recreational sport, either with dogs or horses pulling the skier. In equestrian skjoring, the human wears skis and holds tug lines attached to the horse's harness.

The horse wears special 'snow shoes' for grip. In some versions, the skjorer holds long reins for steering - a bit like ground-driving on skis.

In North America, they vary it by having a rider on the horse, while the skjorer holds a line attached to the saddle horn.

With this twist on the sport, the skjorers are being pulled by the horse at a gallop - while also navigating slalom gates and steering themselves over jumps up to 9 feet high. And if that's too easy for you (!), they often add difficulty by placing flags around the course for the skier to grab.

For those less adrenalin-inclined, there's also a 'happy hacker' version of skjoring, where you can head out for a gentle ski-slash-ride at your own pace.

Skijoring races are a big deal in parts of Europe and the States; where there's a growing number of competitors on the 'circuit'.

If you want to see it in action, the World Skijoring Championships are held in Whitefish, Montana, as part of their annual Winter Carnival.



Or check out these websites & videos:

- ♦ **North American Ski Joring Association**
www.nasja.com
- ♦ whitefishskijoring.com



WRC EVENT REVIEW: First Aid Clinic with Kristina Naden

As qualified veterinary nurse and lecturer, **Kristina Naden** was the perfect choice to lead our **Equine First Aid Clinic**, which was held on Saturday April 1st at Maree Green Equestrian.

The clinic began with a run-down of what was normal for the horse (your own in particular), how to check for any issues, when to call the vet in, and what information would be vital.

It was surprising to discover that a resting heart rate for a horse ranges between 28-40 bpm (both the large difference in the range, and how low the figures are compared to a much smaller-bodied human).

We then learned how to check the horse over from 'nose to tail'. Our model horse, Ty, was very well-behaved for us while we learnt hydration tests, and how to put in a thermometer - he certainly earned his dinner!

The clinic also offered information about respiration rates, temperatures, colic and strangles.

Then there was a large focus on paddock wounds - how to identify, clean, keep sterile and bandage them. We also learned how and when to re-check and re-bandage; what bandages work best for where, and different treatments.

After this we were able to get some hands-on experience, especially concerning the tightness of our bandaging.

We would like to thank Kristina for her great knowledge, and fun way of presenting everything. It's reassuring to feel prepared in a stressful first aid situation!

Written by Natalie Jade Bunker



INTRODUCING TOWEZY TRAILERS

FOR ALL YOUR FLOAT & TRUCK REPAIRS AND REFURBISHMENTS

There's a new business in town that's earning rave reviews from its horsey customers! **TowEzy Trailers** is the place to go if you need to repair, refurbish or modify your truck, float trailer or horsevan; or get a custom-build. Owner **Dan O'Sullivan** and team have already earned a reputation for outstanding service and value-for-money. (Plus, quote your WRC membership number and you'll get a 10% discount!)



With 13 years in the fabrication, panel and paint industry, we can cover it all:

- ◆ maintenance and mechanical
- ◆ full refurbishment
- ◆ new custom-builds horsefloats, trucks and vans
- ◆ free quotes
- ◆ no job too small
- ◆ 10% discount for WRC members (just quote your current membership number)

Dan's top tips:

If you have an older float, it's important you regularly have it regularly checked for rust, fatigue, rotten floor or sticky brakes. Also consider upgrading the brakes and lights.

Customer review:

"Mavis is an older truck that had been let go. Dan and his team initially re-clad Mavis and completed a few minor jobs such as welding, rust work and new partitions. I was so impressed that I didn't hesitate to get the other work done that I wanted. This was a complete rebuild of the accommodation - including cupboards, seating, sink, bed, hotwater shower, flooring, lighting and water storage.

"It was very reasonably priced, amazing advice from them, and very, very good workmanship. The ideas they came up with to make things work and still fit within my budget have been amazing. Cannot recommend them enough for anything you need done to your float, truck, trailer - whatever!"

- Alex Dunne

See Facebook: **TowEzy Trailers**.
61 Boord Crescent, Kumeu (by appointment).

9 Phone: 0274 126 686.



WRC “FRIEND-GET-FRIEND” MEMBERSHIP OFFER 2017/2018

Introduce a friend to WRC this season – and you’ll get double the benefits!

Do you know someone who’s been thinking about joining the club, but just needs a little encouragement? Well, here’s a great incentive. Get them to sign up with you, and **you’ll each receive a \$20 voucher** to be redeemed on any WRC event during the season.

How it works:

- > If you’re a **current** member of WRC, and you introduce a **new member** for the 2017/2018 season, you’ll both receive a \$20 WRC voucher.
- > These can be redeemed when entering any WRC event during the 2017-2018 season. (Note: the vouchers are issued in your name and are non-transferable).
- > Plus, all current members who “bring a friend” will go into the draw to **win a \$100 Saddlery Warehouse voucher**.

How to sign up:

1. Email our membership officer Natalie@wrc.org.nz with your name, and your friend’s name. Write “**friend get friend**” in the **subject line**.
2. You **both** need to pay your \$40 membership fee **before July 31, 2017**.
3. You both need to complete and send us the [membership form](#) on our website.
4. On receipt, we’ll send out your new membership numbers & vouchers, and put you in the draw.

Terms & conditions:

- * A “current member” has fully paid membership for 2016/2017, with an allocated membership number. See our [website list](#).
- * A “new member” is someone who is not a current member for 2016/2017. (You may have belonged to the club in previous years).
- * Any current member can nominate one friend only; and only one voucher per person will be issued.
- * You must both pay your membership before July 31, 2017.

ALL WELCOME: WAITEMATA HUNT CELEBRATES 65th JUBILEE

Have you been involved with Waitemata Hunt Club over the years? Here's a chance to catch up with old friends and relive the memories.

The Waitemata Hunt invites all past members and friends to join them at the Hunt Reunion Dinner to celebrate the 65th Jubilee. It's been held at Northridge Country Lodge in Silverdale on Friday 16th June.

The night's festivities will include a big-screen display of photos & videos, and colourful stories from the Club's history.


All welcome. For more info and to buy your tickets (before June 1), see the Waitemata Hunt Club Facebook page.

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"RIDE FOR ROAD SAFETY" NEWS

The nationwide 'Ride for Road Safety', scheduled for May 20th, had to be postponed due to weather. There'll be another date set for later in the year. In the meantime, see their [Facebook page](#) to check out what's happening with the campaign throughout New Zealand.




Don't Miss Out

Free blood testing for Equine Cushings (P.P.I.D) in May

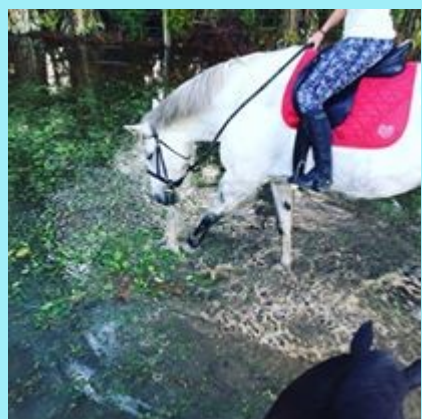


Get your **Free** Blood Test

-  At home or bring your horse to the clinic
-  The laboratory fees are covered for your horses P.P.I.D test

Contact the Clinic & arrange a time for your **FREE** blood test

09 412 9016 or 0800 VTS NTH



Member profile: meet **Tash & Kiki**

Name: Natasha (Tash) Jones

Occupation: Teacher to little humans

Horse: Kikorangi Blue, aka "Kiki"
a 9-yr-old Stationbred X Clyde (with apparently a little bit of Arab)

Family life: "I live with my partner Adam in Greenhithe and my cat Willow (who is my fur baby!) I've been around horses all my life, having worked in the racing industry and as a groom for a show team. Horses have always been in my family too - my sister was a jockey, as was my great-grandmother. You could say I was destined to be involved with horses!"

With Kiki, I'd describe our partnership as: "Stubborn! Just kidding - she is my first mare in 15 years. After having geldings for so long, I really learnt the old adage "You can tell a gelding and negotiate with a mare". She is a sensitive soul and took a long time to trust me while we sorted out her feet and body issues. Now she is my best mate...we've come along in leaps and bounds in the past few months and I am very proud of her."

What we do: "We've dabbled in some low-level eventing. I have returned to riding after 6 years at uni, and Kiki was a lawn mower for a few years whilst her old owner had a baby - so we're getting our heads around competing again. She's also had some big issues with her feet so intermittent lameness has held us back unfortunately."

My favourite WRC events so far have been: "The Derby and the recent Showjumping Day Jumping/eventing is my passion (#thrillseeker) so I love being able to watch and learn and share the fun with everyone. Oh, and getting to use the walkie talkies!

My goals for next season are: "To get out and compete more often. Get more lessons and improve my riding after having such a long time out of the saddle. And to learn how to bounce when falling off."

Outside of riding: "I am super-active - I am almost a black belt in ITF Taekwon-Do and run a club in Warkworth with my partner. I also enjoy going to the gym and reading. Eating chocolate is an all-time favourite past time as well."

Veterinary article: "Shaking the habit."

It's enough to strike dread into the heart of any rider: suddenly, your horse starts headshaking. But don't despair – new research is helping vets and owners to better understand this condition, and give practical solutions for managing the problem. This article is reproduced with permission from Equilibrium Products Ltd.

Nowadays, it seems that everyone knows someone with a head shaker. But what is a 'head shaker', and what distinguishes them from a horse with a short-term irritation or behavioural problem?

Most horses shake their heads from time to time; to get rid of flies or when frustrated. Horses that simply nod their heads when stabled, or as they turn home from a ride, may not be head shakers but 'nodders', a condition that is responsive to changes in management. 'Nodders' do not usually cause great problems to themselves or their owner. True head shakers do so persistently and for no apparent reason.

*** What does headshaking look like?**

Head shakers exhibit sharp, jerky vertical and horizontal head movements. The severity of the movements can vary from small flicks to huge, sweeping arcs which threaten to hit the rider on the nose or unseat them. Experts now recognise that head shakers also exhibit symptoms that suggest the horse is suffering from irritation within or around the face and muzzle.

Head shakers that also snort excessively during an attack will try to rub their face or act as if a bee has gone up their nose. They may even run their nose along the ground or strike the ground during the attack. The unpredictability of the length and



occurrence of these attacks can severely limit a rider's ability to compete or even ride safely.

*** There is no single cause.**

One of the most frustrating things about headshaking is that each case is unique. So, what causes headshaking in one horse may not be the cause in another. It's important to recognise that headshaking is the symptom of a problem with the horse rather than being the problem itself (although it is often treated as such).

There are over 60 known causes of headshaking; including ear, eye and respiratory problems, which makes a veterinary visit all the more important. Simply assuming your horse is an untreatable head shaker may cause more harm. Likewise, be wary of products that claim to cure all head shakers.

*** It is not a behavioural problem.**

Because headshaking often only arises when the horse is ridden, it is commonly attributed to tack problems, bad riding, or resistance. However, studies in the US and UK have shown that around 50% of head shakers also show symptoms at rest. So, whilst exercise always worsens the symptoms, most owners find that changes in tack or schooling have little effect.

Researchers at De Montfort University and the University of Lincoln investigated head shakers and non-head shakers and found no important differences in their diet, use or turnout. The relative unpredictability of the condition and symptoms suggest that the headshaking is not a behavioural one, unlike weaving or nodding.

*** So what does cause headshaking?**

Given there are a variety of causes, a large proportion of head shakers are thought to be suffering from some kind of pain originating within the head. Nerve pain (neuralgia) has long been considered, ie. damage to the sensory nerves of the head, which may have resulted from physical damage to the nerves or following infection from certain viruses.

The involuntary headshaking movement could be a response to the misfiring of a faulty nerve and the rubbing of the face in an attempt to relieve the discomfort caused. Facial neuralgia could account for the general hypersensitivity around the muzzle that many head shakers experience,

particularly to rain, snow and wind. In some cases, exercise or particles may be causing the blood vessels in the nose to swell and 'squash' the nerve, causing it to misfire.

The reasons why some horses head shake and others don't are not yet known. Frequently the onset of their problem has been traced back to the beginning of the horse's working life, so the many changes that occur within the horse or in its environment during this time may hold part of the answer.

Because the problem is often not apparent until the horse is exercised, headshaking could have arisen earlier when the horse was very young but has lain undetected until the horse was backed. Future research into how we can prevent headshaking in foals may be fortuitous once we know more about the causes of headshaking.

* * * * *



Check out these smart-looking ponies (not to mention their handlers!) from our **Inhand & Jumping Day**. Also some pics from **Dressage Day 3 at Woodhill Sands**. Many thanks to Debbie Barker Photography.







WAITEMATA RIDING CLUB INC



MEMBERSHIP FORM

☐ New Member

☐ Renewing Member

Name: _____

Address: _____

Phone: Home _____ Mobile _____

Email: _____

Horse's Competition Name: 1. _____

2. _____

3. _____

I wish to Register for:

☐ Amateur Rider Cup* (1st year of competition)

☐ Young Horse Cup* (Horse 6yrs & under)

*Please see our website for full definitions of the Young Horse and Amateur Rider Cups

Horse Name: _____

Birth date: _____

How did you find out about the club?

☐ Past Member

☐ Friend

☐ Word of Mouth

☐ FaceBook

☐ Website

I am interested in:

☐ Dressage

☐ Showjumping

☐ Showhunter

☐ Ribbon Days

☐ CrossCountry

☐ Training Days

☐ Endurance

☐ Forest Rides

☐ Seminars

I can help with:

☐ Organising

☐ Judging

☐ Writing/Scoring

☐ Setting Up

☐ Clearing Up

Payment of \$40.00 to be made by:

1. By **Cheque** made payable to Waitemata Riding Club Incorporated, and post to:
WRC Database Co-ordinator
Waitemata Riding Club Inc
PO Box 156
KUMEU

2. By **Internet Banking**

National Bank - 06 0254 0001134 00 Reference - (first initial.surname)(mbrshp)
and email form to natalie@wrc.org.nz

Waitemata Riding Club's "Volunteer of the Quarter"



Help out at any of the Waitemata Riding Club events during the months of May, June and July 2017 and go into the draw to win a **Pony and Owner pamper pack** - \$100 voucher for Renew Beauty and Skin Clinic one of our generous sponsors AND a \$50 voucher to buy your pony a bag of feed from New Zealand Farm Source - RD1

(Both one of our very generous sponsors over the last season)



Prize is on top of the normal volunteer rewards: All volunteers will be fed and watered on the day. For volunteering you will also receive a \$15 WRC voucher for a half day or two \$15 WRC vouchers for a full day.

Conditions of Entry

- Competition is open to anyone who officially helps out at one of our days (Committee members excluded)
- Results will be published to both our Facebook Page and our Website by 01/08/17
- The prize is not redeemable for cash or transferable to any other person
- One entry per 1/2 day volunteered



www.wrc.org.nz

Please support those wonderful people and businesses who support our Club!

(To visit their websites, CTRL + click on the logos below).



Beachcroft Equestrian is a small training and breeding facility located 30 mins north of Central Auckland. We specialise in producing quality New Zealand warmblood horses as well as operating a 'riding school with a difference' using genuine dressage schoolmasters to teach on.



At the **Bridle Buffet**, we offer arguably the largest range in Equine bridle fashion. Our Bridles are custom-made, in the latest European styles and several top quality leather options. Ensure a perfect fit and the most flattering style for your equine partner.



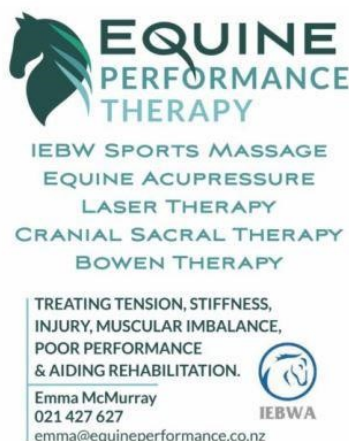
Dunn Contracting specialise in Excavation Work, Driveways, Retaining Walls, House Piles, Cartage, Demolition, 6 Wheeler Truck and Trailer, Footings, New house builds, Metal Supplies.



The formulation of **Dunstan Feeds** is based on extensive nutritional research and development. Inside every bag you will find the traditional values of quality, freshness and variety. Dunstan feeds are designed for every equine requirement.



Equilibrium supplements contain vitamins, minerals and salts in optimal ratios suitable for all equines. Think of our products like a multivitamin for horses, designed to be consumed along side a diet containing ample amounts of roughage and topped up with protein and energy where necessary.



Four Flax (rebranding to **Provida**) are producers of premium quality animal health products.

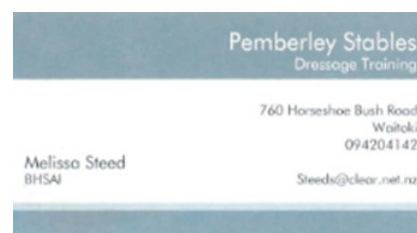
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Thinking of buying or selling your property? For best advice, contact professional salesperson (and WRC member!) **Debbie Young** at **Harcourts Kumeu**. Go to www.debbieyoung.co.nz.



Contact **Melissa Steed** at **Pemberley Stables** for professional dressage training from a BHSA Instructor. Phone (09) 420 4142 or email steeds@clear.net.nz.

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RD1 (Farm Source) has long been a part of the Albany farming community. Call in to see us at 12 Oteha Valley Road Extension, or phone 415 9776. Open 8am -6.30pm weekdays, and 9am to 4.30pm weekends.



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Show Circuit Magazine is packed with informative articles for riders and horse owners. Our magazine is aimed at the dedicated equestrian, providing valuable training and inspiration for all disciplines. Just \$40 for an annual subscription. Visit www.showcircuitmagazine.com.



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Ruth Hendricks
Ph: 0274810802
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