

# Hoofbeats



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## Prez Sez

*"The less you know, the more you think you know. The more you know, the more you realise how much you don't know."* - Anon

Too true. But thankfully there are some really good trainers coming to New Zealand now. Whether you're into horsemanship, clicker training, dressage, showjumping or even mounted archery...Equidays always provides a good variety to satisfy every horsey girl's thirst for knowledge (and shopping too of course!)

Lately I've been to a few clinics myself—on dressage, horsemanship, liberty work and hoofcare. Are there things you'd like to learn that the club could run a clinic on? Email me at [info@wrc.org.nz](mailto:info@wrc.org.nz) and let me know.

Since our last Hoofbeats, we've had a Ribbon Day and our first Dressage Day, both held at Woodhill Sands. The Woodhill Sands Trust is well on their way to purchasing this all-weather facility (you can read the full story on p4). Along with other local equestrian groups, WRC has supported their fantastic efforts with a donation.

We've also put together a [huge raffle](#), with some awesome prizes. Who wouldn't want to win this! Magazine subscriptions, feed, supplements, snacks, Bowen treatment and even a letterbox shaped like a float! All proceeds will be going towards the Trust.

It's so nice to have daylight saving back, which means we can all spend more time with our horses...whether that's just hanging out with them, or getting ready for the competition season. Our next event at Woodhill

Sands is Dressage Day 2, on November 20th (entries close on Sunday 13th November). Hopefully the weather will be kinder to us than it was on Day 1!

There's also a Showjumping clinic and a Showcross day coming up in December, so there's something for everyone. For all our news and events, keep an eye on both our Facebook page and website.

Lastly, a reminder that membership is due for those that haven't renewed yet. It's still only \$40, and you can complete your form [online](#) to make it hassle-free. Your fees go towards running events for the club, so the more members, the more events we can run!

This issue of Hoofbeats is packed full of great stuff; including the lesson reviews from our scholarship winners, and advice on choosing the best instructor for you.

P.S—don't forget to buy that raffle ticket!

Keep Calm and Ride On  
**Tania**



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## UPCOMING EVENTS

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**DRESSAGE DAY 2:** Sunday 20th November, Woodhill Sands

**SHOWJUMPING CLINIC:** Saturday December 3rd, Highgrove Equestrian

**SHOWCROSS:** Saturday December 17th, Coatesville Pony Club

See our [Events](#) page for more info on all events, and entry details. Further updates posted on Facebook.

### “HAVE YOU UPDATED YOUR MEMBERSHIP?”



Our new season is well and truly underway! Payment for the current **2016/2017 season** was due in August. So you haven't already paid your \$40, head to the membership page on the website, or print out the form on page 19.

Remember, you must have a current membership number in order to compete at our events (otherwise you'll need to pay a capping fee of \$10 each time). For any membership queries, contact [Jenny de Bazin](#).

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## LATEST RESULTS

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Check out the results from our [Winter Woollies Ribbon Day](#) on August 20th.

Congrats to those who braved the weather and got our Points Table underway for the season!

You'll also find results from our [Dressage Day 1](#), held at Woodhill Sands on October 15th on the Equestrian Entries website.



# “Saving Woodhill Sands”: the story so far



*For thousands of Kiwi riders—including members of Waitemata Riding Club—a future without Woodhill Sands is almost unthinkable.*

*This fantastic all-weather facility has been a hub for the local horse community for more than a decade. The founders, Shelley and Chris Ross, have decided its time to move on—but fortunately, a group of Auckland ‘horsey heroes’ have stepped up to the challenge.*

*They’ve formed the **Woodhill Sands Trust**, with the goal of ensuring it will be around for all of us to enjoy, for many years to come.*

*In this article, Trust chairperson **Kathryn Roberts** explains the journey so far, and their vision for the future.*

First opened in 2005, Woodhill Sands has quickly become Auckland’s leading equestrian centre. It boasts more than three acres of all-weather sand arenas, a Grand Prix grass jumping arena, and a cross-country track that adapts to all levels from pre-Intro through to Advanced.

It’s been a labour of love for Shelley and Chris Ross, who spent more than 10 years building their dream. In 2014, they decided it was time for a change, and put their property on the market. This raised an alarming possibility—that Woodhill Sands might be bought by new private owners who could change everything.

A group of local horse people, including Kathryn Roberts, got together to talk tactics.

“My two daughters started riding around the time that Woodhill Sands first opened, so they had grown up with it,” recalls Kathryn.

“We couldn’t imagine being without Woodhill Sands, and I’m sure it’s the same for thousands of riders. Imagine being without the all-weather arenas during the winter we’ve just had..!”

## High-level support

As well as being the home of equestrian sports in Auckland; the catchment area for Woodhill Sands extends to competitive riders from Taupo northward. Given its importance to the sport, the obvious path was to seek support from bodies like Auckland Council and Sport New Zealand.

“Council didn’t want to actually own and operate it, but we started to talk about what Council support might look like,” recalls Kathryn.

The group put in a tender bid, but it was unsuccessful and the property was withdrawn from sale.

Fast-forward to 2015, and the Ross’ signalled the property would be back on the market. Kathryn went back to the group from 2014, and re-connected with one of the original supporters, Glen Beal. She also made contact with Lesley Going, a former Olympic hockey representative who has taken up event riding.

“Lesley approached me and said, we just can’t lose this facility for the sport. Let’s see what we can do...”

*contd overleaf...*



## Depth of experience

Others then came on board, making up a team of five. The group started work in earnest in late 2015, and formally established themselves as the Woodhill Sands Trust in April 2016.

They faced two two initial hurdles to cross – they needed to secure the support of Auckland Council, and reach a deal with the Ross's for the sale of the property.

“So we picked up the phone and re-connected with the same people we'd been dealing with previously at Council...and started the process all over again.”

The Trust has five inaugural trustees – who bring to the table an impressive mix of skills, business acumen, and equestrian connections.

Kathryn is a former partner at PWC, and is on the Board of ESNZ. **Lesley Going** is a company director, with a long involvement in top-level hockey administration. **Glen Beal** is a former ESNZ Board member and competitive rider. The other trustees include **Neil MacKenzie-Hall**, who is actively involved with NZPCA; and **Cindy Mitchener**, who is well-known in showjumping circles and was on the Board of HOY.

Peter Smith, of West Auckland law firm Smith & Partners, has also come on board to provide legal support.

### “Business as usual”

Over several months, the trustees put in countless hours writing strategic plans, reaching out to local community groups, and making submissions to Auckland Council.

Their big breakthrough came in May this year, when Auckland Council agreed to be guarantor on the bank loan – which meant the Trust could borrow the funds needed to buy Woodhill Sands.

An agreement has been reached with the Ross's, and the sale is expected to go unconditional early next year. As Kathryn explains, it will be very much “business as usual” once the Trust takes ownership.



“In most respects, Woodhill Sands will run the same way it is now. We hope to keep people like Angela [Nobilo, the current manager]. While we will be running it in a businesslike manner, so we can pay down the bank debt; it will not be driven by a profit motive.”

After consulting with user groups, the Trust will prioritise some initial upgrades.

“One of our first priorities is likely to be the ablution block!” says Kathryn. “We could also look at under-cover storage where different groups can store their gear onsite.”

### A community focus

As part of their planning, the Trust is consulting with numerous other groups, including other sporting codes in the local community. Other key stakeholders include Ngāti Whātua o Kaipara, the guardians of Woodhill Forest.

“We’re only one property away from being connected to Woodhill Forest,” says Kathryn.

“Imagine if you could park your truck and go trail riding through to Muriwai Beach...that’s just one of the many possibilities we could explore in the future.

\*\*\*\*\*

**To find out more:** visit [woodhillsandstrust.org.nz](http://woodhillsandstrust.org.nz), and check out their [Facebook](#) page.

**To make a donation:** go to <https://givealittle.co.nz/cause/woodhillsandstrust>. Every dollar helps.

And don’t forget your raffle ticket! (see overleaf)

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# “The social club”: guidelines for bringing un-ridden horses to WRC events.

If you own a youngster or green horse that is starting to venture out in the world, you're generally welcome to bring them to WRC events. Our relaxed and low-key environment can provide a nice gentle introduction to the excitement of competition. However we do ask that you follow these commonsense guidelines...as well as the [Club rules](#) (on our website) that apply to everyone.

**#1. Check with the organiser beforehand.** Some of our events may not be suitable for extra horses (e.g if there's limited parking). Always check with the event organiser *before* the event whether it's okay to bring them.

**#2. Don't forget the ground fee.** Whenever you're bringing a horse to the event grounds (even if you're not riding or competing them), you still need to pay a ground fee.

**#3. Stallions or colts.** If your horse is entire, you **must** get permission from the organiser and/or the Committee. Your horse must also wear an 'S' tag.

**#4. Stay clear of riders and/or the warm-up area.** Use commonsense when around other horses. If you're not sure whether your young horse may kick out, put a red ribbon in their tail as a precaution. (If you're riding, and are concerned about the anti-social or potentially dangerous behaviour of another horse, please notify a committee member).



**# 5. Don't leave your horse unattended.** You'll need to take your babysitting duties seriously! Stay with your horse at all times, and never leave them alone tied to the float.





# “Learning from the best”: how to find the instructors that are right for you

The ground is firming up, your horse has shed its winter woollies, and you’re thinking about how you want the season ahead to shape up. You may be a naturally uber-talented riders and horse trainer who effortlessly ‘feels’ what they need to do to bring out the best in the partnership. Or, you might be human like the rest of us, and need a few pointers and support. Working with trainers, coaches and instructors is a key part of our riding lives—so it’s important to find the right ‘fit’. In this article, RidersMind coach **Suze Kenington** offers some tips on choosing your instructor Dream Team.

Back in the 80s, we basically had our pony club instructors and the occasional international coach who flew in for one-offs. These days, we’re spoilt for choice; particularly in the Waitemata region. As well as our locally-based instructors, we have many more who travel to the area regularly. (# Fun Fact: *Tauranga to Warkworth has the highest concentration of horsey people in the Southern Hemisphere!* No wonder we attract such a range of trainers...)

Of course, the Internet has also opened up a whole new world of rider education; with online courses, DVDs, podcasts, video subscriptions and more. (I’m currently doing a course with a woman in Poland who gives Facebook feedback on smartphone videos...you gotta love technology!)

Thinking about instructors you’ve had in the past, or would like to work with, it’s helpful to gain some insights into why you’ve made your choices. Let’s kick off with a bit of myth-busting.

## MYTH-BUSTING

**1. Great riders make great instructors.** Well, not always. For some, riding is so natural that they consciously don’t know what they’re doing to get the results they get. When we need step-by-step instructions to learn...‘just do it’ is not going to work.

**2. A great instructor will click with everyone.** Hell no for this one! We are all fabulously unique, and our



personalities mean we blossom under different conditions. What one person feels is ‘direct’ may feel like ‘bullying’ for another. Or ‘wishy-washy’ for one is ‘encouraging your unique intuition’ for someone else.

**3. Instructors are for life.** Are you passionate about exactly the same things you were 10 years ago? Probably not. Our horse life evolves, so our instructors need to as well. If my 10-years-ago-self met my instructors of today, I would not be ready to hear what I now find so compelling. Give yourself room to grow and seek the support that best fits the horseperson you are becoming, not the one you were.

**4. It’s best to stick to one instructor at a time.** This is a common misconception. It would be fabulous if we could find one person who could provide us with all the learning support we need to maximise our growth - but it’s unlikely.

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Spreading your net widely allows you to sift through a wealth of inspiration and pick out the bits that really fit well for you. Check in with yourself around what works for your unique horse-human partnership - if you are clear on what works, then you can happily let go of the bits that don't. Personally, I seek ideas from horse training specialists, rider position specialists *and* mindset specialists. It would be hard to find a single instructor who is a specialist in all these areas...

Now the myths are out of the way, let's take a look at three 'must-haves' when choosing the right instructor for you.

## MUST-HAVES

1. **Aligned core beliefs.** Sounds flash, but it just means you agree on the big stuff, like how a horse and human deserve to be treated. For example, praise-based learning vs pressure-release; dominance vs partnership; and whether you believe horses are sensitive and sentient vs limited in their intelligence and emotional life. If we are being asked to do things that don't 'feel right', then our horses will feel our wavering intention. A big warning sign is if you've ever come out of a lesson apologising to your horse. It takes a strong person to say 'no' to an instructor in a public setting, but sometimes this has to happen. It shows you care more about what your horse thinks of you than the instructor (and after all, which relationship is more important?) It's a good idea to make sure your key core beliefs are aligned *before* you step into a lesson. Watching a lesson first can be a good way of checking this out.

**2. Partnership, not dictatorship.** It's important to have respect for your instructor (without worshipping - or fearing - the ground they walk on). But respect goes both ways. Does your instructor welcome your feedback, in all forms? This includes asking for clarification, slowing things down a notch so we can process, noticing when we are struggling etc. Shouting instructors sergeant-major style is pretty old-school, and has no place in a learning partnership. You need to trust your instructor, because they will sometimes ask you to take a leap of faith to experience something you and your horse haven't felt before. This trust comes from feeling that they have your best interests at heart.

**3. That gimme-more feeling.** Do you look forward to your lessons? Does your heart feel light and expansive...or does your tummy feel tight and churny? During the lesson, does it feel like you're thriving...or just surviving to the end of the 45 minutes? Sometimes misplaced loyalty or other factors can trap us in situations that no longer serve us. If your body is saying it would rather not go before the lesson, or feels drained or anxious afterwards, then listen. Let your enthusiasm guide you.

To sum up, in order to maximise the fun that you and your horse have together, you both need to feel good about yourselves. Choose an instructor that nurtures your calm, confident connectedness.

\* \* \* \* \*

I would love to hear about your different learning experiences, and what makes your partnership work when it comes to your instructors. Drop me a line at [suze@ridersmind.com](mailto:suze@ridersmind.com).

**About Suze Kenington.** Suze set herself a challenge – to rebuild trust with a bucking, head-shy, highly-sensitive horse so they can show jump bridleless.

She supports horse lovers with Confidence & Connection Coaching 1 to 1, in small group workshops, in online courses and in keynote presentations both face-to-face and via virtual online meetings.

Unlike other mindset coaches, she seeks the horse's point of view with Animal Communication, so harmony can be restored taking both horse and rider needs into consideration. Come to [www.ridersmind.com](http://www.ridersmind.com) for free video training.

**Confidence is a learnable skill. Harmonious Connection is a conscious choice.**



## Our 2016 WRC Scholarship winners: the riders de-brief!

Our 2016 WRC scholarship draw was a big success. It attracted plenty of email entries, and we drew our two lucky winners on the night of the AGM. They each won lessons to the value of \$300, with an instructor of their choice. We caught up with them to find out how it went.

### Desiree Russell & Milton

#### Jumping lessons with instructor Craig Sullivan.

##### The background....

"My baby horse Milton was 5 (with a brain going on 2) when we attended a jumping camp earlier this year. He is quite an athletic but slow-maturing young lad. After starting Day 1 in the 50cm green-horse-and-scaredy-cats group, Day 2 had us jumping 1.10m. Two thirds of the way through Day 3, I could tell he was tired. Instead of stopping right there, I decided to do one last round...only to crash and burn into (not even over!) an inoffensive oxer. Milton fell and rolled on my side and leg. This shattered the veneer of confidence we had built up over the preceding two days. Even a small cross-bar was too much to cope with...!"

##### The scholarship:

"Enter WRC and their fabulous offer a jumping scholarship. I sent an email and promptly forgot about it—until the night of the AGM when my name was pulled out of the hat. What a fabulous opportunity to *slowly* start building up our confidence over small jumps again!

"A few weeks earlier, I had shared a couple of jumping lessons taught by Craig Sullivan. He started us jumping literally from the ground up (with poles) and built up slowly but surely. Confidence and basics were first and foremost at all times.

##### The instructor:

"Craig certainly walks the talk. He's an ex World Cup rider, and the first time I'd seen him—some 8 or so years earlier—I watched him jump a gorgeous grey horse. It impressed me so much I still remember thinking that watching Craig and his horse was 'poetry in motion'...

"So picking Craig as my instructor of choice seemed a no-brainer to build on those earlier lessons we'd had. Craig is very happy to hop on board to get a horse jumping over any scary new jumps before handing him back to the rider; or knocking into shape those that need it.



*Desiree and Milton on Day 2 of their jumping camp...*



*...where their ill-fated fall was also captured on camera.*



*Continued from previous page...*



*And getting their groove back, pictured during a lesson with Craig Sullivan...*



*Bryan and Sparky currently train at L2, and compete at L1.*

"He is a master of pushing you just a little bit beyond your comfort zone, but not so much that confidence takes a hit. He is all for getting the basics right and not just jumping higher for the sake of it.

"In the WRC scholarship email, we were asked to state our goal. Mine was to be confidently jumping small (80-90cm) rounds at competitions by the end of the season. I'm halfway through my lessons, and we did our first SJ Twilight competition recently. I took a brave pill and did the 70-80cm class, going clear (if not quite as fast as all the pony pocket rockets with fearless kid pilots. But that was never the aim!) One down, hopefully many more to go!"

\* \* \* \* \*

## **Bryan Walker & Sparky**

### **Flatwork lessons with instructor Melissa Steed.**

#### **The background....**

"I've owned my mare Sparky for seven years—I used to do everything on her; but I retired her from jumping this year. She's rising 17, and has a little bit of ringbone. She also suffers from asthma, which can cause her to have coughing fits.

"Jumping was my favourite thing; I only started doing dressage about three years ago. Like most guys, the arena craft was severely lacking...! I now take dressage a lot more seriously than I used to. I've realised that flatwork is the foundation for everything, including jumping."

#### **The instructor:**

"We've been having flatwork lessons with Melissa for a little while now. She's so intuitive, and she's got a really good knack of being able to assess the horse and rider simultaneously, and put in place a programme for both of you.

"Sparky can be a bit of a tank, so Melissa spent the first six months basically 'de-powering' her and getting her to work in a more balanced way. She's also been working on my position. I'm not the perfect student..I'm not very patient and can get frustrated. Melissa is great, she just works through it. My other problem is that I tend to anticipate the movements. When we practice the tests, Melissa is always cueing me to prepare for the movement, with half-halts a few strides out. That makes the difference between rushing into a movement, or coming into it balanced, which can often take your marks up a couple of points.

*Contd overleaf....*

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"Melissa has great facilities on Horseshoe Bush Road...the full-size arena with mirrors and a fantastic surface. It really brings out the best in the horses.

### **The scholarship...**

"I used my scholarship for some lessons in the lead-up to the first WRC dressage day in October, where we did both the Level 1 tests. Melissa follows the ethos of 'train hard, fight easy'; where she trains us at the next level up from competition. So we do a lot of Level 2 movements, like serpentines and leg yields. That really helps me in the Level 2 tests, for example, with getting better corners or shape to our circles.

"It was raining the day of tests; there were lakes and puddles in the arena. At one point Sparky had water splashing in her face! But we managed to place third in one of our tests, and we got some good marks. Sparky is a bit stiff on the right rein, so I was pretty pleased when we got a 7 for turning right down the centre line.

"Our next goal is to do a Level 2A test...watch this space!"

\* \* \* \* \*



*Bryan & Sparky take time out during their lesson with Melissa Steed.*

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Contact Olwyn

By email: [olwynk9@gmail.com](mailto:olwynk9@gmail.com)

Or phone: 027 314 7100

# “To the bone”: stress fractures explained.

**Stress fractures can occur in all horses that undergo repetitive exercise. They are more prevalent in racehorses, and are most commonly seen in 2-4 year-olds, but can be seen in older horses.**

**This article is courtesy of Cambridge Equine Hospital. To find out more about them, visit [www.horsehospital.co.nz](http://www.horsehospital.co.nz) or take a [video tour](#) of their facilities.**

A stress fracture is an incomplete fracture occurring in normal bone, and is a well-recognised cause of lameness. It is caused by the repetitive loading, and subsequent failure, of the normal structure of the cortical bone (the dense bone that makes up the outside of a long bone).

As well as being a significant cause of lameness, stress fractures that are left undiagnosed can progress to catastrophic complete fractures. These are often career (and indeed life) threatening for the horse.

## **\* How do stress fractures develop?**

Repetitive mechanical loading causes very small amounts of damage to normal bone. It is the accumulation of this ‘micro damage’ that leads to stress fractures.

As the body attempts to heal this damaged bone, it first has to remove the damaged bone before it can replace it with healthy new bone. Unfortunately there is a lag period between the removal of the old bone and laying down of the new bone.

If the rate of bone removal is greater than the rate of new bone formation, a stress fracture can occur.

## **\* Clinical signs and diagnosis.**

Stress fractures typically result in lameness, which is associated with an increasing intensity of the horse’s training regime.

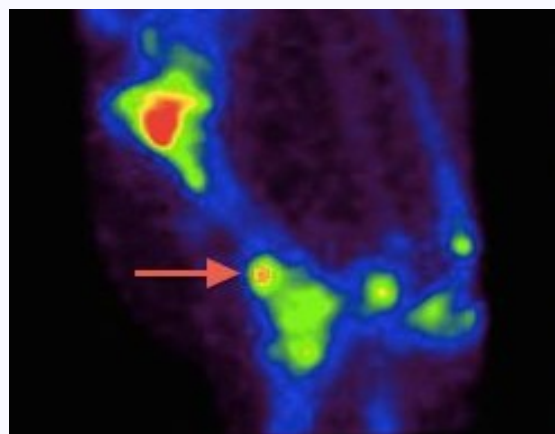
Lameness is usually exercise-related, and may be intermittent and of varying severity. Bilateral stress fractures are often presented with a history of “rough” or “shortened” gait, rather than an obvious lameness.

Stress fractures commonly involve the upper limb, and are difficult to localise with nerve blocks. A thorough lameness examination is needed to eliminate lower limb as the cause of lameness, before progressing to diagnostic imaging.

Radiography is not particularly sensitive at identifying stress fractures, especially in the first few weeks of development.

‘Nuclear scintigraphy’ is the method used to assess those areas of bone that are undergoing active remodelling.

The horse is injected with a radioactive substance which emits a specific type of radiation that is able to be detected on a special camera. Areas of bone that are more active than others absorb more of the substance, and therefore emit more radiation, which we can see via the camera.



*The red arrow points to a stress fracture in the distal humerus. The yellow spot is a lot “hotter” (is emitting much more radiation) than the surrounding green area.*

## **\* Management & prognosis.**

As a general rule, most stress fractures heal uneventfully when the stress of exercise is removed. The severity of the bone damage will determine the exact recommendations for length of rest required. The prognosis for return to activity (e.g racing) is generally considered good, although may vary in certain individuals.



## “GOING UNDERCOVER”: expert tips on cover care.

For those of us who cover our horses, it's no cheap exercise to get the 'wardrobe' just right every season. Ruth Hendrickx from **Waitakere Cover Repairs** (one of our lovely sponsors) provides some tips on caring for covers, and keeping them in the best-possible condition.

### \* What's best—canvas or synthetic?

“There are pros and cons to different cover types, so it generally comes down to personal preference. Synthetic covers do seem to be the biggest sellers. They are lightweight and easy-care, and you can expect a lifespan of 2-3 seasons if they are looked after. Canvas covers are definitely longer-lasting—I've had some that are still in mint condition after 10 years. But they are a lot heavier.

“You might occasionally find that even if you buy the exactly same brand of cover you had previously, it doesn't last as long. That might be because there's been a faulty run of fabric in the manufacturing process. It does happen from time to time.”

### \* Do keep on top of minor repairs.

“Always make sure your cover fits well to start with. Repair any damage asap—don't leave a damaged cover on a horse, it will only get worse. Make sure you always have a spare cover you can pop on temporarily while your main one gets repaired.

“With buckles and clips, clean out any clogged mud and spray them with CRC or lubricant to prevent rusting and jamming. Always hang your covers in a well-ventilated area when you're not using them. Before storing them

for the off-season, make sure they've been cleaned and are fully dry.”

### \* Be careful with the backing!

“Most people don't realise that the waterproof membrane on synthetic covers is actually a backing on the fabric...it's not in the top layer. So it can get damaged if your horse is sweating excessively.

“Also take care when washing synthetic covers yourself. Only use a front-loading machine (not a top-loader) and on a cold, normal wash cycle. Never use a hard scrubbing brush or waterblaster on it; as it will damage the membrane.”

### \* Re-proof or buy new?

“Once the waterproof membrane has been damaged, no amount of re-proofing will help. Signs of a damaged membrane are excessive fading, or a thin uneven feel to the fabric. If you're not sure, pop in to see me to get a second opinion.

“I always advise people to weigh up the cost of washing and re-proofing, versus buying a new cover. It might be a false economy to persevere with a second-hand cover. If there's a risk it's going to leak, it's no use to you at all.”

## Waitakere cover repairs



Ruth Hendrickx  
Ph: 0274810802  
ruthmccseb@gmail.com

### See Waitakere Cover Repairs for:

- > all types of cover repairs
- > washing & proofing
- > new covers (stockists of Zilco)
- > general sewing (e.g dog covers, leather jacket repairs, cushion covers)

**Opening hours:** Tuesday to Friday  
9.30am to 4.30pm

**Location:** 2nd floor, ITM Building  
154 Main Road Kumeu

A few pics from the **Winter Woollies Ribbon Day** on August 20 (there's more available to download on Facebook). Thanks to our photographers, Kristina Naden and Natalie Bunker.











# WAITEMATA RIDING CLUB INC



## MEMBERSHIP FORM

☐ New Member

☐ Renewing Member

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

Horse's Competition Name: 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### I wish to Register for:

☐ Newcomer Rider Cup\* (*Rider not to have competed before*)

☐ Young Horse Cup\* (*Horse 6yrs & under on 1 August*)

\*Please see our website for full eligibility details of the Young Horse and Amateur Rider Cups

Young Horse

Name: \_\_\_\_\_

Birth date: \_\_\_\_\_

### How did you find out about the club?

☐ Past Member

☐ Friend

☐ Word of Mouth

☐ FaceBook

☐ Website

### I am interested in:

☐ Dressage

☐ Showjumping/Showhunter

☐ Ribbon Days

☐ Training Days/Seminars

☐ Endurance

☐ Forest/Beach Rides

### I can help with:

☐ Organising

☐ Judging

☐ Writing/Scoring

☐ Setting Up

☐ Clearing Up

Payment of \$40.00 to be made by:

1. By Cheque made payable to Waitemata Riding Club Incorporated, and post to:  
WRC Database Co-ordinator  
Waitemata Riding Club Inc  
PO Box 156  
KUMEU

2. By Internet Banking

ANZ Bank - 06 0254 0001134 00

Reference - (first initial.surname)(mbrshp)

and email form to [jenny@wrc.org.nz](mailto:jenny@wrc.org.nz)

## Please support those wonderful people and businesses who support our Club!

(To visit their websites, CTRL + click on the logos below).



**Beachcroft Equestrian** is a small training and breeding facility located 30 mins north of Central Auckland. We specialise in producing quality New Zealand warmblood horses as well as operating a 'riding school with a difference' using genuine dressage schoolmasters to teach on.



At the **Bridle Buffet**, we offer arguably the largest range in Equine bridle fashion. Our Bridles are custom-made, in the latest European styles and several top quality leather options. Ensure a perfect fit and the most flattering style for your equine partner.



**Dunn Contracting** specialise in Excavation Work, Driveways, Retaining Walls, House Piles, Cartage, Demolition, 6 Wheeler Truck and Trailer, Footings, New house builds, Metal Supplies.



The formulation of **Dunstan Feeds** is based on extensive nutritional research and development. Inside every bag you will find the traditional values of quality, freshness and variety. Dunstan feeds are designed for every equine requirement.



**Equilibrium** supplements contain vitamins, minerals and salts in optimal ratios suitable for all equines. Think of our products like a multivitamin for horses, designed to be consumed along side a diet containing ample amounts of roughage and topped up with protein and energy where necessary.



**Fiber Fresh** produces high energy, moist forage feeds to help your horse achieve optimal health and performance. To us, 'fresh forage' means crops should be harvested from the field moist and succulent; they should be processed within hours, and then sealed into airtight packaging, locking in all the available nutrients.



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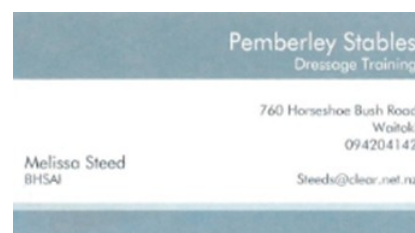
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For Everything Real Estate

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[www.debbieyoung.co.nz](http://www.debbieyoung.co.nz)  
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**Harcourts**  
Kumeu



Thinking of buying or selling your property? For best advice, contact professional salesperson (and WRC member!) **Debbie Young** at **Harcourts Kumeu**. Go to [www.debbieyoung.co.nz](http://www.debbieyoung.co.nz).



Contact **Melissa Steed** at **Pemberley Stables** for professional dressage training from a BHSA Instructor. Phone (09) 420 4142 or email [steeds@clear.net.nz](mailto:steeds@clear.net.nz).

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**RD1 (Farm Source)** has long been a part of the Albany farming community. Call in to see us at 12 Oteha Valley Road Extension, or phone 415 9776. Open 8am -6.30pm weekdays, and 9am to 4.30pm weekends.



**Renew Beauty & Skin Clinic** is the riders' go-to place for gorgeous beauty treatments, at great prices. Located at 5/288 Te Atatu Road, phone 834 7409.



**RidersMind.com** provides personalised coaching to help horse-lovers gain the freedom to really enjoy and connect with their horses, by transforming their sabotaging self-doubts into confidence. Contact Suze Kenington on 09 411 9516 or text 021 718 058.



**Saddlery Warehouse Kumeu** will see you "ride more, pay less!" See the friendly team at 156c Main Road Kumeu. Open Monday to Fridays 9am to 5pm, and Saturday 9am to 3pm.



**Show Circuit Magazine** is packed with informative articles for riders and horse owners. Our magazine is aimed at the dedicated equestrian, providing valuable training and inspiration for all disciplines. Just \$40 for an annual subscription. Visit [www.showcircuitmagazine.com](http://www.showcircuitmagazine.com).



**Sue Pennington's** coaching philosophy philosophy includes how the alignment of the rider affects the horse's way of going. Adults and Children, beginner to experienced. Find Sue Pennington Coaching on Facebook.



**Symmetryinmotion Pilates & Ponies** is a fully equipped Pilates and vibration therapy studio, run by Osteopath Freya Scollay. Offering equine vibration and infra-red solarium therapy, and located in Annandale Road, Kumeu. Check out the Facebook page, or call Freya on 027 866 2500.



**Vernon Logistics** provides dedicated storage, warehousing, logistics and distribution services. Located near the motorway at 482 Rosebank Road, Avondale. [www.vernon.co.nz](http://www.vernon.co.nz).



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**Big Red Stable Snacks** is based on the belief that our customers (including your horses needs) are of the upmost importance to us. We use only the highest quality ingredients to make our wonderful biscuits. They are all handmade by Big Red's bakers, and are slowly oven baked in an Italian stone oven over 3 hours.

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## Waitakere cover repairs

Ruth Hendricks  
Ph: 0274810802  
ruthmccseb@gmail.com



See **Waitakere Cover Repairs** for all repairs & washing. Located at 154 Main Road Kumeu. (If Jacko the pink-covered horse is out, it means we're open!) Also check out our Facebook page.



**Dynavite** products are imported and distributed in New Zealand by Suzi Kano and Jeremy Clark. They have seen first-hand how effective these dietary products are in improving the welfare and performance of horses, and stock in general.



**Elite Equine** super supplements offer you a FULL RANGE of organic proteinate minerals, the most stable and absorbable form, which eliminates imbalances due to different absorption rates PLUS probiotics and other functional nutrients to create the ultimate in nutritional support.



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**New Zealand Horse & Pony** magazine has been a part of the Kiwi equestrian culture for generations. And as the lifestyles of our readers has become increasingly busy and diverse, we've remained an oasis of inspiration, aspiration and escape.

## Placide

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**The Equestrian**, the forward thinking equestrian magazine that brings insightful and inspiring articles for every rider to any device. Being primarily digital, we are an interactive style magazine. The Equestrian is always looking for looking for cool stories and contributors so contact [Ash](#) today .



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## WRC Committee

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[tania@wrc.org.nz](mailto:tania@wrc.org.nz)

**Vice President:** Hayley Drury  
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**Membership Database:**  
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**Hoofbeats newsletter:** Libby Schultz  
[libby@wrc.org.nz](mailto:libby@wrc.org.nz)

### General Committee:

Jody Paddy: [Jody@wrc.org.nz](mailto:Jody@wrc.org.nz)

Sarah Vernon: [sarah@wrc.org.nz](mailto:sarah@wrc.org.nz)

Suze Kenington [suze@wrc.org.nz](mailto:suze@wrc.org.nz)

Karine Dunn: [karine@wrc.org.nz](mailto:karine@wrc.org.nz)

Sandy Rowe: [sandy@wrc.org.nz](mailto:sandy@wrc.org.nz)

Tiffany Mullany: [tiffany@wrc.org.nz](mailto:tiffany@wrc.org.nz)

Celia Pickens: [celia@wrc.org.nz](mailto:celia@wrc.org.nz)

Mark Saxony: [mark@wrc.org.nz](mailto:mark@wrc.org.nz)

Kasey Henare: [kasey@wrc.org.nz](mailto:kasey@wrc.org.nz)

Natalie Bunker: [Natalie@wrc.org.nz](mailto:Natalie@wrc.org.nz)

Grace Warne: [grace@wrc.org.nz](mailto:grace@wrc.org.nz)

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